

JUNE 2024

**AIKIDO SEMINAR IN GREECE WITH
MARTIN GRUBER SHIHAN 6th DAN AIKIKAI
& JENS-HOLGER KRETSCHMER 5th DAN AIKIKAI**



DATE: 26-30.06.2024

SCHEDULE:

WEDNESDAY 26.06

21:00 MEETING, INFORMATION DINNER AT
A LOCAL TAVERNA (COST ABOUT 15 EURO)

THURSDAY 27.06

08:00 BREAKFAST
10:00-11:30 TRAINING
11:30-12:00 FREE PRACTICE
14:00 LUNCH
18:30-20:00 TRAINING
21:00 DINNER

FRIDAY 28.06

08:00 BREAKFAST
10:00-11:30 TRAINING
11:30-12:00 FREE PRACTICE
14:00 LUNCH
18:30-20:00 TRAINING
21:00 DINNER

SATURDAY 29.06

08:00 BREAKFAST
10:00-11:30 TRAINING
11:30-12:00 FREE PRACTICE

13:00 LUNCH
18:00-19:30 TRAINING
19:45-20:15 EXAMS
21:00 DINNER, NIGHT PARTY



SUNDAY 30.06

08:30 BREAKFAST
10:00-11:30 SHINKA - TREATMENT
3pm DEPARTURE (FOR THOSE WHO DESIRE THERE
WILL BE A VISIT TO THE BEACH AND LUNCH)

SEMINAR HOURS: 10,5 HOURS TOTAL

SEMINAR COST: 130€ TOTAL

STAYING: 220€ IN GUESTHOUSE WITH FULL MENU

180€ IN TENT OR DOJO WITH FULL MENU
(WE CAN PROVIDE YOU A TENT AND A
SLEEPING BAG AFTER EARLIER CONTACT)

LOCATION: RE-GREEN ECOCULTURE CENTER, SELIANA,
AHAIA-PLEASE VISIT THIS LINK FOR ACCURATE LOCATION
<https://re-green.gr/contact-2/>

MORE INFORMATION: DAMALOU EVGENIA+30 694 3932091
eugeniadam1@hotmail.com

EXTRAS: RE-GREEN ECOCULTURE CENTER ALSO PROVIDES
SWIMMING IN A WATERFALL, TEMAZSCAL
(INDIAN TYPE SAUNA) AND SOME MINI-
SEMINARS ABOUT NATURAL BUILDING,
BOTANOLOGY AND PERMACULTURE THEORY
WITHOUT ANY COST.

WE ARE LOOKING FORWARD TO SEEING YOU!

APPLICATION FORM

JUNE 2024

**AIKIDO SEMINAR IN GREECE
WITH MARTIN GRUBER SHIHAN
& JENS-HOLGER KRETSCHMER 5th DAN AIKIKAI**

NAME:

E-MAIL:

PHONE NUMBER:

PLEASE COMPLETE WHERE YOU WOULD LIKE TO STAY (GUEST HOUSE WITH FULL MENU PRICE 220€, TENT OR DOJO WITH FULL MENU PRICE 180€):

PLEASE COMPLETE WHETHER YOU ARE INTERESTED IN A MINI-SEMINAR AND WHICH ONE (NATURAL BUILDING, BOTANOLOGY, PERMACULTURE THEORY):

Please complete and send to eugeniadam1@hotmail.com
from **15.01.2024 - 10.06.2024**

SINCE THE PARTICIPANTS NUMBER IS LIMITED PLEASE CHECK FOR AVAILABILITY. RESERVE YOUR PARTICIPATION IN THE SEMINAR BY SENDING US THE APPLICATION OF YOUR FORM AND A COPY OF YOUR FLIGHT TICKET. THANK YOU!

Participation is at your own risk. Neither organizers nor individuals accept any form of liability.

Aikido
Ien wa kai